



COFFEE & PASTRY CAFÉ

571-371-8500

2050 Ballenger Avenue
Alexandria, VA 22314

www.sprigscafe.com

BREAKFAST

By the Sea Bagel and Lox* **\$6.99**

Smoked salmon, shaved cucumber, tomato with cream cheese on a toasted bagel

Sunshine Breakfast Sammie **\$6.99**

Egg and sausage with pepper jack cheese on croissant or toasted bagel

Mediterranean Pita Pocket **\$5.99**

Hard-boiled egg, tomato and basil on pita

Spuds and Egg Omelet **\$7.99**

Homestyle omelet with potatoes

Add cheese \$1; Add veggies \$1.50

(tomatoes, green peppers and onions);

Add ham, pork sausage, turkey or bacon \$2

Add avocado, side salad or side fruit \$2

Egg Sammie **\$5.49**

Scrambled egg on croissant or plain bagel

Add American or provolone for \$1

Add avocado, bacon or ham for \$2

Menu subject to change



COFFEE & PASTRY CAFÉ

BREAKFAST

- | | |
|---|---------------|
| Breakfast Burrito | \$8.99 |
| Turkey sausage, egg, spinach with cheddar cheese | |
| Mediterranean Kunafa | \$9.99 |
| Cured mozzarella cheese, farina crust, simple syrup on a croissant. Served with a side of fruit | |
| Pepperoni Pizza Rolls | \$6.99 |
| Three flaky mozzarella and pepperoni pinwheels with marinara for dipping | |
| Banana-tella | \$3.50 |
| Sliced banana with Nutella spread on brioche bread | |
| Mixed Berry Granola Parfait | \$5.49 |
| Greek yogurt with crunchy granola and fresh berries | |
| Plain Bagel | \$2.75 |
| Bagel with Cream Cheese | \$3.75 |



COFFEE & PASTRY CAFÉ

SPRIG'S LUNCH PLATES

All lunch plates come with choice of side salad, fries or cup of soup

Sprig's BLT Twist **\$9.99**

Bacon, lettuce, tomato, avocado and mayo on sourdough bread

Mediterranean Grilled Cheese **\$8.99**

American cheese, rosemary, thyme seasoning on sourdough bread

Medi-Avocado Sandwich **\$9.99**

Avocado spread (roasted garlic, touch of lemon and pepper flakes), lettuce and tomato on sourdough bread

SIDES

Fries **\$5.00**

Hummus with pita **\$6.99**

Pita **\$1.50**

Veggies **\$3.50**

carrots, celery, grape tomatoes

Fruit cup **\$4.00**

Roasted eggplant dip with pita **\$6.99**

Cream cheese (2 oz.) **\$2.99**



COFFEE & PASTRY CAFÉ

SANDWICHES & WRAPS

Add fries **\$3**; add a side salad **\$2**; add bacon **\$3**;
add soup **\$3**

Chicken Panini **\$10.99**

Sliced chicken breast on grilled ciabatta topped with pesto, roasted red peppers, baby spinach, tomato and provolone

Maple-Dijon Turkey Panini **\$10.99**

Roasted turkey breast on grilled ciabatta topped with maple-Dijon mustard, avocado, baby spinach, tomato and provolone

Tuna Melt **\$10.99**

Tuna with red onions, lettuce, tomatoes, chopped celery, mayo, cheddar cheese on a sourdough bread

Vegan Medi-Wrap **\$9.99**

Grilled eggplant, tomato, calamata olives, grilled red pepper and hummus spread on a tomato basil tortilla

Philly Chicken Wrap **\$10.99**

Goey provolone cheese, seared chicken, seared mixed peppers, mushrooms, red onions and siracha mayo on flatbread or 7" sub roll or white flour tortilla



COFFEE & PASTRY CAFÉ

SANDWICHES & WRAPS

Add fries **\$3**; add a side salad **\$2**; add bacon **\$3**;
add soup **\$3**

Pesto Caprese Panini **\$9.99**

Melted mozzarella, spinach and tomato with pesto spread on ciabatta

Lox Panini* **\$12.99**

Smoked cured salmon on 7" sub roll with cream cheese, shaved cucumber, tomato, red onion and spinach

VIP Club **\$10.99**

Chicken cutlet, crispy bacon, Virginia ham, and provolone on a sourdough bread with lettuce, tomato and mayo

Steak and Cheese **\$10.99**

Marinated steak, gooey provolone cheese, onion, lettuce, tomato and horseradish cream sauce on a 7" sub roll

***Consumer Advisory**

These items are served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



COFFEE & PASTRY CAFÉ

SOUPS & SALADS

Add protein to salad: turkey **\$4**; chicken breast **\$5**;
roast beef **\$6**

Soup of the day **\$6.99**

The Sprig's **\$7.99**

Romaine and mixed greens with tomato, purple cabbage, radish, cucumber, mint and feta cheese with a pomegranate vinaigrette

The Caesar **\$6.99**

Crisp romaine with Caesar dressing, shaved Parm and croutons

All The Greens **\$8.99**

Baby spinach and mixed greens with grape tomatoes, sliced sour apples, roasted pecans, and Gorgonzola crumbles with a balsamic vinaigrette

Tabouli **\$8.99**

Chopped parsley and tomatoes with scallions, mint, quinoa, EVOO and a touch of pomegranate molasses



COFFEE & PASTRY CAFÉ

PASTRIES & BARS

Nutella Cookies	\$3.99
Rice Pudding Topped with coconut and raisins	\$4.99
Handcrafted Baklava Filo-filled with crunchy cashews and homemade syrup (2 pieces)	\$2.99
Triple Chocolate Cookie	\$3.49
Sesame Seed Cookies Butter cookies dipped in pistachios and sesame seeds (2 cookies)	\$2.99
Maamoul Mad Bar Specialty semolina butter stuffed with walnuts or clotted cream and pistachios	\$4.99
Plain Croissant Chocolate or raspberry \$3.50	\$2.99
Muffin Assorted flavors	\$3.50
Danish Apple or cherry	\$3.99

COFFEE & BEVERAGES

	12 oz.	16 oz.	20 oz.
Coffee/Iced Coffee	\$2.99	\$3.99	\$4.49
Americano	\$3.49	\$4.49	\$4.99
Espresso (add shot \$1)	\$3.75		
Cappuccino	\$3.99	\$4.99	\$5.49
Latte	\$3.99	\$4.99	\$5.99
Iced Latte	\$3.99	\$4.99	\$5.49
Café Mocha Latte	\$3.99	\$4.99	\$5.99
White Café Mocha Latte	\$3.99	\$4.99	\$5.99
Iced Caramel Latte	\$3.99	\$4.99	\$5.49
Hot Cocoa	\$3.49	\$4.49	\$4.99
Hot Chocolate	\$3.49	\$4.49	\$4.99
Fresh Arnold Palmer <i>Iced Tea, Lemonade</i>	\$3.49	\$3.99	
Fresh Squeezed Lemonade	\$3.49	\$3.99	\$4.99
Iced Tea	\$2.79	\$3.49	
Hot Tea <i>Choice of available teas</i>	\$2.99		
Soda	\$2.25		
Sparkling Water	\$2.49		
Spring Water	\$1.99		
Tropicana Juices <i>Priced separately</i>	\$3.00		
Red Bull	\$4.49		

Milk Options: Whole, Skim, Oat, Soy and Almond